

תּוֹבָה: NEWS

ACHOT the UMJC sisterhood wants to say to each of you, "L'Shana Tova Tikatavu". May you be inscribed for a good year.

It is that time again where we are commanded to sound the Shofar. In Leviticus 24 we are told "in the seventh month, on the first day of the month, you shall have a Sabbath rest, a memorial of the blowing of the trumpets, a holy convocation." Why the blowing of the trumpet? The Rabbis had ten reasons for this commandment:

1. To remind us that G-d is hailed as King, it is His coronation;
2. The heralding of the season of repentance;
3. The Torah was accompanied by a blast of the Shofar when it was given to us;
4. The message of the prophets is compared to the Shofar;
5. To remind us that conquering armies sounded the trumpet when they destroyed the Temple;
6. That the ram was substituted for Isaac;
- 7&8. It is a day for the people to tremble because it is the approaching Day of Judgment;
9. It heralds the Messianic Age (coming of Messiah);
10. The Shofar will sound at the resurrection.

WHAT'S INSIDE:

MONTHLY
UPDATE

*L'shana
Tova*

S.M.I.L.E

*Let us
Hear from
you*

ASK ELLEN!

*Advice on
How to
work with
others*

JOIN US!



חַוּוּת: NEWS

Rosh Hashana (continued from page 1)

The sound of the Shofar should cause us to awaken and remember that we need to live our lives honoring the Creator and Judge - to look well into our souls and improve our character. We are to forsake evil ways and thoughts. Even though this is the Day when G-d opens the Book of Life, we can rejoice in that all that He has done for us and will continue to do for us. May the L-rd grant us the ability to see where and how we can improve our character and turn from our ways and thoughts that are not like Him. May He also grant us the ability to be thankful for all the many good qualities and thoughts we have.

May this year of 5768 be one of renewal and blessing for you and your loved ones. May the G-d of Israel be glorified in our midst and may we see many of those who do not know the fullness of His glory receive that revelation. May we, as sisters, come to know how good and pleasant it is to dwell together. As we draw near to Yom Kippur and the L-rd may we truly see His mercy and be thankful that we know Him . Ask how you can be a fragrance of LIFE to those around us.

Linda Lieber, MerryI Eaton, Sherry Moore, Malkah Forbes, Tina D'Auria and Ellen Quarry

ASK ELLEN!

Q. My husband, who is an engineer, is direct and truthful while I, an artist with the gift of mercy, differ so much in our perspectives. This is especially true in dealing with family matters. It is extremely difficult to come to mutual agreement. How do we workout these differences?

A. *There is a lot to say regarding communication between not only husbands and wives but in all relationships in general. I will briefly do so with a few suggestions. All relationships are different, but dealing with differences is what G-d is all about. We need to look at our attitudes toward G-d and others. Hashem allows differences so that we can grow and learn to use them for good. It requires work, time and energy. Learn to be creative in putting two heads together. Try and understand where the other is coming from and what good that view can provide in helping make life decisions. Remember each situation and relationship is different and unique. We should have the attitude of wanting the situation to be a win for all those involved.*

BECOME A MEMBER!

Be a part of us...become a member online at

www.umjc.net/achot

We hope to see many of you at the national Achot retreat, October 24-26 in Baltimore, MD. Please sign onto our website to see the flyer and register. Registration is open until October 1st.



LAUGH A
LITTLE! *It's*
good for you...

**What do you call a steak
ordered by ten Jews?
...A filet minyan!**

S.M.I.L.E update

*For the work of tzedakah
shall be peace, and the effect
of tzedakah, calm
and confidence forever...*

Isaiah 32:17

We have been supporting an outreach to the Ethiopian Jews in Haifa, mostly with their dental needs. We are also interested in supporting other ministries. If you have an idea, please log onto our website and share your ideas – we would love to hear from you!

SMILE - Sharing Messiah In Love Everywhere -
grew out of a vision that Linda Lieber and Merryl Eaton had for tzedakah among the sisterhoods of the UMJC. We want to bring together the sisterhoods in a great humanitarian effort to bring a SMILE on the face of people in Israel, and possibly other places of

A Woman of Valor... Recently, I was sent an email about a woman named Irena Sendler. Her story is amazing. She ended up saving 2500 Jewish children from the hands of the Nazi's.

She was born in Warsaw in 1910. Irena worked for the welfare department. She became the head of the tuberculosis department. Irena used her position to go into the Ghetto, there she convinced Jewish parents to let her take their children and put them into homes that would harbor them from the Nazi's. Irena wrote the names of the children, so that their identities would not be lost. She put the names in a jar and buried the jar across from the Nazi headquarters. It took great courage as she smuggled the children out of the Ghetto in caskets or burlap sacks right past the guards. She was captured and tortured but refused to talk about the children. Do you think that you would have the courage to do what she did?